



O B I
RESTAURANT

Welcome to Obi Restaurant, operated by owners
Ben Bettendorf & Papa San.

Please respect your fellow diners
-refrain from any phone calls
-devices must be on silent

Wasabi, soy, sesame and seafood forms the base of most of our food
preparations, please let us know of any dietary requirements.

A discretionary service charge of 10% gratuity is automatically added to all
tables.

A deposit of R100 per guest for reservations of 5 guests or more
is required to secure the reservation.

Corkage will be charged at R95 per 750ml of wine.
Please direct any complaints to the owners.

Monday to Saturday
November through February

Tuesday to Saturday
March through October

12:00 till 14:00 for lunch
from 18:00 for dinner

021 418 4040
www.obirestaurant.co.za
info@obirestaurant.co.za
14 Long Street, Cape Town

lunch specials

Bento Box

135

1 salmon nigiri, 1 tuna nigiri
1 salmon rose
4 piece prawn california roll
4 piece vegetable tempura, served with tentsuyu dipping sauce
miso soup

subject to availability and season

please note that no substitutions may be made to the bento box.

dinner specials

Kaiseki Set Menu

520

2 miso soup
vegetable tempura and tentsuyu dipping sauce
sushi & sashimi combo
dessert for two

The Best 4x4 by far

275

4 piece rainbow roll
4 piece sweet kiss roll
a bottle of franschhoek cellars sauvignon blanc

Haru-machi Winter Special

345

2 miso soup
choose 3 different inside out rolls from the menu
-excluding: sweet kiss, rainbow, shogun, emperor & original

starters

Edamame	85
steamed young soy beans in the pod	
Miso Soup	40
spring onion, tofu and wakame seaweed	
Agedashi Tofu	85
fried tofu, spring onion, ginger, bonito flakes, tentsuyu broth	
Gomae	70
baby spinach, toasted sesame seeds and miso dressing	
Kimchi	70
spicy fermented napa cabbage	
Nuta	120
tuna, vinegared miso dressing, toasted sesame, wakame and spring onion	
Nasu Miso	70
fried aubergine, toasted sesame seeds and sticky miso dressing	
Fried Tuna Sandwich	115
tuna, spring onion, shichimi spice, sriracha and nori	
Crispy Salmon Skin Snack	85
served with japanese mayonnaise	
Salmon Roses	110
4 pieces	

tempura

Vegetable	125
12 piece - vegetables vary according to seasonal availability	
Line fish	150
6 piece, when available	
Prawn	235
6 piece	
Mixed Tempura	235
10 piece - 6 vegetable, 2 line fish, 2 prawn	
all tempura is served with a tentsuyu dipping sauce	

noodles

Udon	130
udon noodles, dashijiru broth, inari tofu, spring onion	
Tempura Udon	165
udon noodles, dashijiru broth, inari tofu, spring onion & 2 tempura prawns	
Chilled Soba	130
chilled soba noodles, chilled tsuyu dip with spring onion, ginger & sesame	
Hot Soba	140
hot soba noodles, dashijiru broth, inari tofu, spring onion & tempura crumbs	
Ramen of the Day	180
ramen noodles, broth of the day, pork belly chashu, 6 minute egg, spring onion and nori	

nigiri handroll maki

	nigiri 2 piece	handroll	maki 6 piece
Cucumber			45
Avocado	65	50	60
Pickled Daikon			60
Kanpyo			60
Mushroom			65
Plum			60
Tamago	85		80
Tuna	99	60	85
Salmon	105	65	90
Line fish when available	90	65	80
Prawn	110	80	95
Tempura Prawn (2 piece)		160	
Futomaki large maki of tuna, kanpyo, tamago, cucumber and avocado			170

inside out rolls

vegetarian

Vegetable 8 piece 110
rocket, cucumber, avocado, shredded carrot and wasabi mayonnaise

Healthy Roll 6 piece 95
rice paper, rocket, coriander, cucumber, avocado, daikon & carrot - no rice

Gomae Roll 8 piece 95
baby spinach, toasted sesame seeds and miso dressing

Nasu Roll 8 piece 85
fried aubergine, toasted sesame and sticky miso dressing

Korean 8 piece 105
kimchi, cucumber and avocado

Chilli Popper Roll 8 piece 115
jalapeño pepper, cream cheese, cucumber & tempura crumbs

combination rolls

Sweet Kiss 8 piece 220
tuna, salmon, cucumber, avocado & spicy mayonnaise
topped with tempura shrimp

Rainbow 8 piece 235
tuna, salmon, prawn, cucumber and avocado

Bamboo 4 piece 145
salmon, prawn, avocado rolled in cucumber,
topped with japanese mayonnaise - no rice

inside out rolls

salmon

Salmon California 8 piece	120
salmon, cucumber and avocado	
Salmon Skin 8 piece	99
crispy salmon skin, cucumber, avocado and spicy mayonnaise	
Coriander 8 piece	130
seared salmon, coriander, cucumber, avocado and lime mayonnaise	
Alaska 8 piece	140
salmon, cream cheese, cucumber, avocado and caviar	
Kamikaze 8 piece	165
seared salmon, cream cheese, chilli, spicy mayo cucumber, avocado - wrapped in rice paper and tempura fried - rolled in nori and sushi rice	
Obi Salmon 8 piece	175
salmon, avocado, cucumber, topped with salmon and wasabi mayonnaise	
Tempura Salmon 8 piece	135
salmon, cucumber and avocado rolled in nori and sushi rice, tempura fried	
Royal Roll 8 piece	145
seared salmon, cucumber, avocado, wasabi mayo, rolled in red caviar	
Shogun Roll 8 piece	220
salmon, spring onion, sriracha, shichimi spice and avocado topped with seared salmon, japanese mayonnaise and caviar	
Ninja Roll 8 piece	170
seared salmon, cream cheese, avocado , rice & sriracha mayonnaise rolled in rice paper, tempura fried and topped with fresh chilli and caviar	

inside out rolls

tuna

Tuna California 8 piece tuna, cucumber and avocado	115
Crying 8 piece tuna and avocado rolled in wasabi	115
Rocket 8 piece tuna, rocket, cucumber, avocado and wasabi mayonnaise	130
Oishi 8 piece seared tuna, spring onion, cucumber, avocado and spicy mayonnaise	130
Papa San Roll 8 piece nori, seared tuna, rocket, coriander, cucumber, avocado, shredded carrot and daikon raddish - no rice	130
Samurai Roll 8 piece seared tuna, cucumber, avocado, sriracha mayonnaise and rice rolled in rice paper and tempura fried	135
Obi Tuna 8 piece tuna, avocado, cucumber, topped with tuna and wasabi mayonnaise	170
Tempura Tuna 8 piece tuna, cucumber and avocado rolled in nori and sushi rice, tempura fried	130

inside out rolls

prawn

Prawn California 8 piece 120
prawn, cucumber and avocado

Tokyo 8 piece 125
prawn, spring onion, cucumber, avocado and wasabi mayonnaise

Fighting 8 piece 135
prawn, cucumber, avocado, cream cheese and wasabi mayonnaise
rolled in shichimi spice

Dynamite 8 piece 145
tempura prawn, cucumber, avocado and japanese mayonnaise

Crunch 8 piece 165
tempura prawn, spring onion, cucumber, avocado, japanese mayonnaise,
caviar and teriyaki sauce

Dragon Roll 8 piece 170
tempura prawn, cucumber, sriracha mayonnaise
topped with avocado

Emperor Roll 8 piece 220
tempura prawn, cucumber and avocado topped with prawn,
teriyaki sauce and wasabi mayonnaise

obi rolls

Original Tempura 8 piece 220
tuna, salmon and avocado rolled in nori and tempura fried - no rice

sashimi

Tuna 6 piece	165
Salmon 6 piece	175
Line fish 6 piece, when available	150
Tuna and Salmon 3 piece tuna, 3 piece salmon	170
Mixed 3 piece tuna, 3 piece salmon and 3 piece line fish when available	190

specialities

Sushi Standard 2 tuna, 1 salmon, 1 line fish, 1 prawn, 1 avocado, 1 tamago 6 cucumber maki	260
Sushi Special 2 tuna, 1 salmon, 2 line fish, 1 prawn, 1 avocado, 1 tamago, 1 gunkan 6 tuna maki	290
Sushi and Sashimi Combo 2 tuna, 2 salmon, 2 line fish, 1 prawn, 1 avocado, 1 gunkan 6 piece sashimi selection, 8 prawn california	395
Chirashizushi sushi rice garnished with a selection of sashimi and vegetables	290

dessert

Mochi Truffles by Mochi Mochi

60

3 different flavour mochi

Panna Cotta

95

coconut, toasted black sesame seeds & matcha green tea ice cream

white wines

sauvignon blanc

franschhoek cellar

75 / 225

western cape

neil ellis groenekloof

380

darling

diemersdal winter ferment

490

durbanville

iona wild ferment

560

elgin

chardonnay

migliarina, wooded

135 / 405

elgin

springfield wild yeast, unwooded

440

robertson

jordan barrel fermented

620

stellenbosch

chenin blanc

aa badenhorst secateurs

85 / 255

swartland

raats original

440

stellenbosch

bellingham old vine

540

cape town

other varietals

sophie le rosé

85 / 255

elgin

boschendal brut, non vintage

490

coastal

red wines

red blends & other varietals

organic wine by sophie germanier

85 / 255

cabernet sauvignon merlot shiraz
voor-paardeberg

fairview extraño tempranillo grenache carignan
paarl

410

fryer's cove grenache cinsault
cape west coast

410

cabernet sauvignon
glenelly glass collection
stellenbosch

380

syrah
migliarina
stellenbosch

135 / 405

beverages

soft drinks

still or sparkling water 750ml returnable bottle	45
coca cola, coca cola zero, sprite zero 330ml	34
appletiser, grapetiser red, bos ice tea 330ml	45
soda, tonic, lemonade, ginger ale, dry lemon 200ml	28
rock shandy	55

tea

matcha green, five roses, rooibos	25
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beers & ciders

tafel lager 330ml	38
corona cero 355ml	50
cbc pilsner draught 500ml	55
japanese beers 330ml	99
savanna dry 330ml	50

sake & soju

japanese sake 180ml served warm or chilled	120
grapefruit soju 360ml	175
plum sake 50ml	95
yuzushu 50ml	95
sake bomb	70

spirits

stolichnaya vodka, suntory roku gin	42
don julio reposado	95
jameson, jack daniels	45
johnnie walker black	52
japanese whiskeys	S.Q.